



Viswambhara Educational Society
VAAGDEVI PHARMACY COLLEGE
AUTONOMOUS



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Creating an Annual Gender Sensitization Plan for a college like Vaagdevi Pharmacy College involves implementing a structured approach that fosters equality, respect, and awareness regarding gender issues. The plan should aim to promote gender sensitivity among students, faculty, and staff, ensuring a safe and inclusive environment. Below is a sample outline for an annual gender sensitization plan for Vaagdevi Pharmacy College:

VAAGDEVI PHARMACY COLLEGE: ANNUAL GENDER SENSITIZATION PLAN
(2023-24)

Objectives:

1. To create awareness about gender equality and diversity.
2. To address and reduce gender-based stereotypes, biases, and discrimination.
3. To promote a safe, respectful, and inclusive environment for all genders.
4. To enhance understanding of laws related to gender equality, harassment, and rights.
5. To engage all members of the college (students, faculty, and staff) in continuous learning about gender sensitization.

1. Orientation and Awareness Campaigns

Timeframe: June –July (2023)

- **Welcome Sessions:** Organize gender sensitization sessions during the beginning of the academic year for all new students and faculty members. Focus on inclusivity, diversity, and zero tolerance for discrimination.
- **Awareness Workshops:** Conduct workshops on gender equality, rights, and issues such as sexual harassment, gender-based violence, and consent.
- **Guest Speakers:** Invite gender experts, activists, and psychologists to speak on gender issues.
- **Poster Campaign:** Display posters around the campus that promote gender equality, respect for diversity.

2. Workshops and Training Programs

Timeframe: August –September (2023)

- **Interactive Workshops:** Conduct student workshops addressing topics like gender stereotypes in media and culture, and how to advocate for gender equality.
- **Role-playing Activities:** Incorporate real-life scenarios to demonstrate how to handle gender-based discrimination and harassment.



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- **Self-defence Workshops:** Provide training on self-defence techniques, specifically targeting female students, to empower them and reduce gender-based violence.

3. Annual Gender Equality Awareness

Timeframe: October (2023)

- **Panel Discussions:** Host panel discussions with experts on topics like women in leadership, breaking gender stereotypes, and the importance of gender sensitivity in professional settings.
- **Student Involvement:** Engage students in activities such as debates, essays, and poster presentations on gender-related topics.

4. Review and Strengthening of Policies

Timeframe: November–December (2023)

- **Review College Policies:** Assess the existing policies related to sexual harassment, gender discrimination, and inclusion. Ensure that they comply with national regulations (e.g., the Sexual Harassment of Women at Workplace Act).
- **Establish Clear Reporting Mechanisms:** Ensure students and staff are aware of the process for reporting gender-based violence or discrimination, with assured confidentiality and support.

5. Collaboration with External Organizations

Timeframe: January–February (2024)

- **Collaborative Programs:** Partner with women's organizations, or gender rights groups to conduct joint events.

6. End-of-Academic Year Review and Feedback

Timeframe: March – May (2024)

- **Feedback Collection:** Conduct surveys or focus groups to gather feedback on the effectiveness of the gender sensitization initiatives.
- **Impact Analysis:** Review the progress made in terms of behavioral change, awareness levels, and the creation of a safe campus environment.
- **Reporting:** Prepare a detailed report outlining the progress made, challenges encountered, and improvements for the next year.



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Additional Activities Throughout the Year:

- **Celebration of Gender-related Days:**
 - **International Women's Day (March 8):** Organize discussions, debates, or cultural events.
 - **International Day for the Elimination of Violence Against Women (November 25):** Conduct activities to spread awareness on the issue of gender violence.
- **Gender Diversity Celebrations:** Celebrate diversity and inclusivity


Monitoring and Evaluation:

- **Monthly Check-ins:** Set up a gender sensitization committee to monitor ongoing activities and make adjustments where necessary.
- **Continuous Improvement:** Based on feedback and evaluations, tweak the plan for the next academic year to ensure continuous growth in gender sensitivity.

Conclusion:

This plan will help Vaagdevi Pharmacy College create an environment where gender equality is celebrated, gender-based discrimination is minimized, and all members of the college community feel safe, respected, and empowered. The key to success will be the active participation of students, faculty, and staff, along with continuous assessment and refinement of the strategies.




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YOGA PROGRAM (INTERNATIONAL YOGA DAY-2023)

THEME: "Vasudhaiva Kutumbakam"

Purpose of a Yoga Program: The purpose of a yoga program can vary based on individual goals, but generally, it is designed to improve physical, mental, and emotional well-being. Some common purposes include:

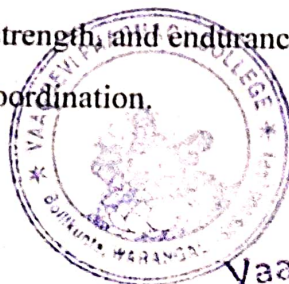
1. **Physical Health:** To increase flexibility, strength, balance, and overall fitness.
2. **Mental Clarity:** To enhance mental focus, reduce stress, and promote relaxation.
3. **Emotional Balance:** To cultivate mindfulness, reduce anxiety and improve emotional resilience.
4. **Spiritual Growth:** In certain styles, yoga aims to foster a deeper connection to one's inner self or to a higher consciousness.


Key Principles of Yoga:

1. **Asana (Postures):** These are the physical positions or movements that promote flexibility, strength, and alignment in the body. They are typically practiced to open up the body and facilitate energy flow.
2. **Pranayama (Breathing Techniques):** Breath control is fundamental in yoga. Breathing exercises enhance physical performance, increase mental focus, and help in relaxation and meditation.
3. **Meditation (Dhyana):** Meditation helps in calming the mind, promoting mental clarity, and connecting with inner peace. It is often an integral part of a yoga program, especially for mental and spiritual benefits.
4. **Mindfulness (Awareness):** Yoga encourages mindfulness, which involves being fully present in the moment, paying attention to the body, thoughts, and surroundings without judgment.
5. **Non-violence (Ahimsa):** Yoga encourages non-violence toward oneself and others. This principle includes being gentle with the body, avoiding self-criticism, and fostering kindness.
6. **Detachment (Vairagya):** Yoga practices encourage letting go of attachment to outcomes, focusing on the process rather than the result.
7. **Discipline (Tapas):** Consistency and dedication to the practice are essential for progress, whether in physical postures, breathwork, or meditation.

Expected Outcomes of a Yoga Program:

1. **Improved Physical Health:**
 - Enhanced flexibility, muscle strength, and endurance.
 - Better posture, balance, and coordination.




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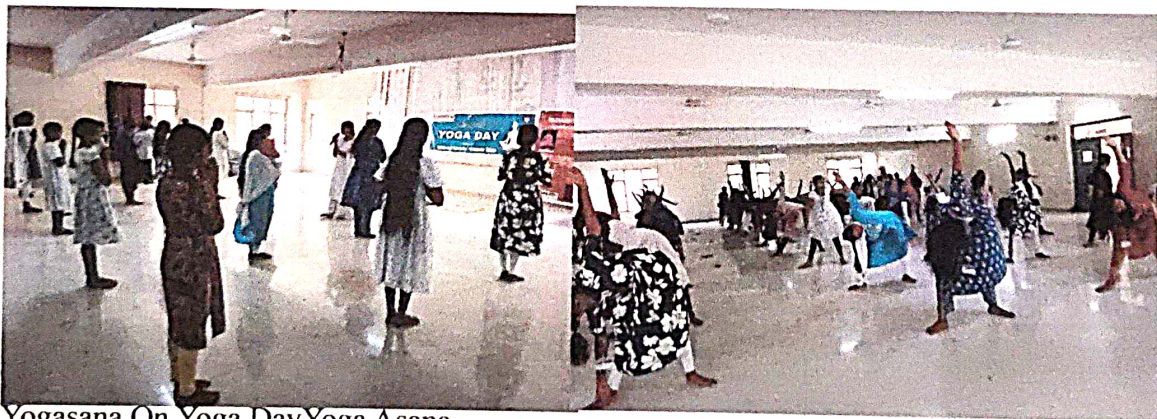
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- Alleviation of chronic pain (e.g., back, neck pain).
 - Increased energy and vitality.
2. **Mental Benefits:**
- Improved concentration, focus, and cognitive function.
 - Reduced stress, anxiety, and mental fatigue.
 - Enhanced emotional regulation and resilience.
 - Promotion of calmness and relaxation.
3. **Emotional and Psychological Wellness:**
- Deeper self-awareness and acceptance.
 - Emotional balance, reduced mood swings, and better overall mental health.
 - Greater connection to one's inner self or sense of purpose.
4. **Spiritual and Personal Growth:**
- Increased sense of inner peace and contentment.
 - A stronger connection to spiritual or personal values.
 - Improved mindfulness, leading to a more intentional and meaningful life.

In sum, yoga's comprehensive approach aims to unite the body, mind, and spirit, resulting in a harmonious balance that promotes a higher quality of life



Yogasana On Yoga Day Yoga Asana



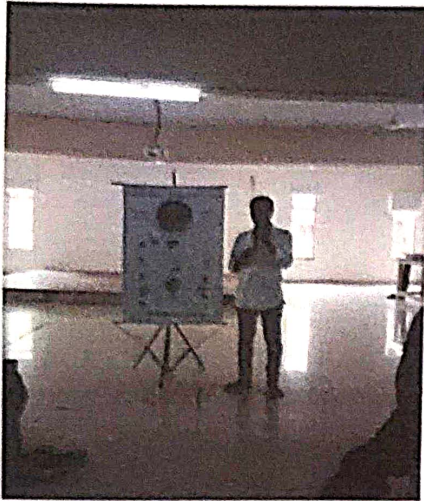

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Sahaja Yoga



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BATHUKAMMA PROGRAM (2023)

Bathukamma is a vibrant and culturally significant festival primarily celebrated in the Indian state of Telangana, particularly by the Hindu women, and it marks the culmination of the annual "Dasara" festival. The festival is dedicated to honouring Goddess **Gauri** (an incarnation of Goddess Parvati), symbolizing the worship of nature, fertility, and womanhood. It is primarily celebrated with the arrangement of flowers, songs, dances, and rituals.

Purpose of the Bathukamma Program:

1. **Celebrate Nature and Fertility:** Bathukamma is deeply rooted in the celebration of nature, particularly the blooming of flowers, which are used to create beautiful, colourful stacks or "Bathukamma." The festival highlights the reverence for the earth, its seasons, and the cycle of life, growth, and fertility.
2. **Honouring Goddess Gauri:** The festival is a way of paying homage to Goddess Gauri, a representation of Shakti (power), and a symbol of feminine strength, beauty, and grace. By celebrating Bathukamma, participants seek the blessings of the goddess for prosperity, health, and happiness.
3. **Promote Social Unity and Womanhood:** Bathukamma is a women-centric festival that promotes unity and togetherness. Women gather to prepare flowers, sing folk songs, and perform dances, strengthening the community bond and empowering women in the process.
4. **Cultural Preservation and Expression:** The festival serves as a platform to preserve and pass on cultural traditions, folk music, dance, and rituals. It provides an opportunity for individuals, particularly women, to connect with their cultural roots and heritage.

Key Principles of Bathukamma:

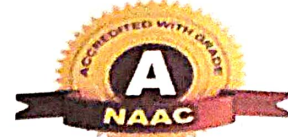
1. **Floral Arrangement and Rituals:** The central element of Bathukamma is the creation of a flower stack. Bathukamma is made by arranging seasonal flowers like marigold, chrysanthemum, and sunflowers into a pyramid-like shape. The arrangement is placed on a flat surface and worshipped with reverence. The flowers represent the beauty of nature, and the ritual symbolizes the connection between the divine and nature.
2. **Worship of Goddess Gauri:** Women offer prayers to Goddess Gauri through songs and rituals. Bathukamma is believed to bring blessings of health, prosperity, and good fortune. Traditional folk songs are sung around the Bathukamma, which are often centered on themes of beauty, nature, and devotion.
3. **Dance and Community Participation:** The festive atmosphere is marked by women gathering in open spaces and performing traditional folk dances called "Bathukamma



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dance." These dances involve coordinated steps and movements, with participants moving in circles around the Bathukamma while singing songs.

4. **Environmental Significance:** Bathukamma emphasizes respect for nature. The flowers used in the festival are typically seasonal, and after the prayers and rituals, the flowers are immersed in local water bodies like lakes and rivers, symbolizing the return to nature and closing the cycle of life and death.
5. **Unity and Women's Empowerment:** The festival fosters community bonding, particularly among women. It provides a space for women to come together, celebrate, and express themselves through art, song, dance, and shared ritual. This collective experience strengthens social ties and promotes a sense of empowerment.

Expected Outcomes of the Bathukamma Program:

1. **Cultural Rejuvenation and Preservation:** By participating in the rituals, songs, dances, and folk traditions associated with Bathukamma, individuals contribute to the preservation of Telangana's cultural heritage. This helps ensure that traditions are passed on to future generations.
2. **Spiritual and Emotional Fulfilment:** The prayers and rituals performed during Bathukamma are believed to bring divine blessings of health, happiness, and prosperity. On an emotional level, the festival offers a sense of peace, devotion, and fulfilment, as it connects participants to a deeper spiritual and cultural experience.
3. **Strengthened Community Bonds:** Bathukamma brings women together in a collective celebration. This promotes social unity, teamwork, and camaraderie among participants. The sense of community is strengthened through shared rituals, music, and dance.
4. **Empowerment of Women:** As Bathukamma is a women-centric festival, it provides an opportunity to celebrate womanhood, enhancing the social status and recognition of women within their communities. It also offers a platform for women to express themselves through traditional folk songs and dances.
5. **Connection to Nature:** The festival encourages a deep respect for nature, as it revolves around seasonal flowers and emphasizes environmental consciousness. The immersion of Bathukamma in water bodies promotes ecological awareness and environmental care, reminding participants of their responsibility towards the earth.
6. **Joy, Celebration, and Fun:** Above all, Bathukamma is an occasion for joy and festivity. It allows participants, especially women, to celebrate with happiness, song, dance, and a sense of communal pride.

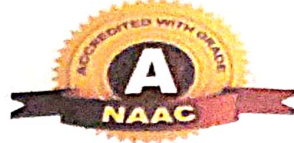
In conclusion, the Bathukamma festival is not only a celebration of nature, womanhood, and spirituality but also a means to foster community ties, preserve cultural traditions, and empower women. Through the practices of prayer, song, dance, and environmental respect, the program fosters personal and social harmony while connecting people to their cultural roots




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Organizing
18-10-2023

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Bathukamma Sambaralu



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INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN (2023)

The International Day for the Elimination of Violence Against Women is observed globally on November 25th each year, and it serves as a call to action for eliminating violence against women and girls. In 2023, the observance of this day at Vaagdevi Pharmacy College would have focused on raising awareness about the widespread issue of gender-based violence, with the aim of inspiring collective action to address it and ensure a safer, more inclusive environment for women.

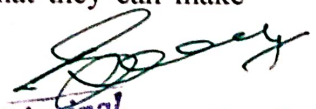
Purpose of Observing the Day at Vaagdevi Pharmacy College in 2023:

1. **Raise Awareness about Gender-Based Violence:** The primary purpose would be to educate students, faculty, and staff about the different forms of violence that women face worldwide, such as domestic violence, sexual harassment, trafficking, and discrimination.
2. **Encourage Reflection and Dialogue:** Vaagdevi Pharmacy College would have created a platform for students and faculty to reflect on their roles in ending violence against women, encouraging dialogue and discussions about gender equality, respect, and empowerment.
3. **Support and Empower Survivors:** The college would have highlighted the importance of creating a safe environment for women and supporting survivors of violence by providing access to counselling, legal help, and resources to cope with trauma.
4. **Foster Gender Equality:** It would aim to promote gender equality and ensure that all women, regardless of their background, have the same opportunities in education, health, and work.
5. **Mobilize Action:** The event would encourage students and the broader college community to take action against gender-based violence in their personal lives and communities, supporting local and national campaigns and initiatives.

Key Principles for 2023 Observance:

1. **Respect for Women's Rights:** Emphasizing the importance of respecting the fundamental rights of women, including their right to live free from violence, discrimination, and exploitation.
2. **Zero Tolerance for Violence:** The principle of zero tolerance for all forms of violence against women would be central, reinforcing the idea that any form of abuse—whether physical, emotional, sexual, or economic—is unacceptable.
3. **Empowerment and Education:** Empowering women and girls through education and access to opportunities would remain a key principle, ensuring that they can make informed choices and lead lives free from fear and violence.




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4. Community Collaboration: Collaboration between students, faculty, and the local community would be a key focus to strengthen collective efforts in eliminating violence against women. The idea would be to work together to create a safer environment for women everywhere.
5. Awareness and Prevention: This principle would emphasize the importance of raising awareness about the causes and consequences of violence against women, focusing on prevention strategies, including education and changing harmful gender stereotypes.

Expected Outcomes for 2023:

1. Enhanced Awareness: A successful observance would lead to greater awareness about the forms and impacts of violence against women. Students, faculty, and staff would be more informed about their roles in addressing and preventing violence.
2. Increased Community Engagement: There would be stronger engagement from the Vaagdevi Pharmacy College community, with more students and staff committed to taking action, whether through advocacy, volunteering, or supporting local organizations that work on gender-based violence.
3. Creation of Support Networks: The event would likely lead to the establishment of stronger networks for supporting women, such as counselling services, legal aid, and peer support systems that help survivors of violence.
4. Behavioural and Attitudinal Changes: One of the major expected outcomes would be a shift in attitudes toward gender equality and the normalization of respect for women. This could manifest in better behaviour, respect for boundaries, and fewer instances of harassment and discrimination.
5. Commitment to Gender Equality: The college would aim for a longer-term commitment from students and faculty to pursue gender equality in all aspects of life, ensuring that violence against women becomes an issue that the whole community actively works to address and prevent.

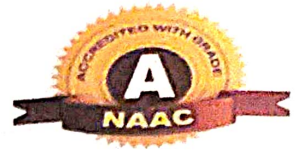
In summary, the 2023 observance of the International Day for the Elimination of Violence Against Women at Vaagdevi Pharmacy College would have focused on raising awareness, promoting gender equality, empowering women, and encouraging action against violence. The key principles of respect, zero tolerance for violence, empowerment, collaboration, and prevention would have driven the efforts. The expected outcomes would include enhanced awareness, stronger support networks, behaviour change, and a more committed and informed college community working towards eliminating violence against women.



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Awareness Programme
 on
**"Women Acts & Rights and
 Violence Against Womens
 and Girls"**

In collaboration with
 Sakhi Centre, Women and child
 welfare Department and She team,
 Police Department

**END VIOLENCE
 AGAINST WOMEN**

Topics to be covered:

- Toll-free emergency numbers
- Sakhi centre services
- She team services

15th December, 2023

Venue: VPC Seminar Hall

Organized by
**VPC, IQAC & WOMEN
 PROTECTION CELL**

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Awareness on Women Acts & Rights



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INTERNATIONAL WOMEN'S DAY (IWD)

International Women's Day (IWD) is celebrated globally on **March 8th** each year. It is a day to honour the achievements of women, raise awareness about gender equality issues, and advocate for women's rights. Here's a breakdown of its **purpose, principles, and expected outcomes**:

Purpose of International Women's Day:

1. **Celebrate Women's Achievements:** It acknowledges the social, economic, cultural, and political contributions of women worldwide.
2. **Raise Awareness of Gender Inequality:** The day brings attention to issues such as gender-based violence, discrimination, unequal pay, and underrepresentation in leadership roles.
3. **Advocate for Gender Equality:** It aims to push for policy changes and actions to achieve gender equality, including equal rights, access to education, healthcare, and fair representation.
4. **Empower Women and Girls:** It provides an opportunity to inspire women and girls to assert their rights and strive for equal opportunities in all areas of life.

Principles of International Women's Day:

1. **Equality:** Ensuring equal rights, opportunities, and treatment for women in all areas of life, including work, education, and personal freedoms.
2. **Solidarity:** Promoting a sense of unity among women worldwide to support each other in the pursuit of justice, peace, and rights.
3. **Inclusion:** Recognizing and respecting the diversity of women's experiences, including those from different ethnic, racial, economic, and cultural backgrounds.
4. **Respect:** A commitment to valuing the voices and perspectives of women, and dismantling structures that oppress or marginalize them.
5. **Empowerment:** Encouraging women to take leadership roles and have agency over their lives, health, and decisions.

Expected Outcomes of International Women's Day:

1. **Increased Awareness:** People gain a deeper understanding of the struggles women face and the importance of addressing gender inequality.
2. **Policy Change:** Governments and organizations may be prompted to take action on gender equality issues, such as closing the gender pay gap, enhancing women's access to education, and enacting laws to combat gender-based violence.
3. **Cultural Shift:** A change in societal attitudes towards women's roles, promoting respect, equality, and opportunities for all genders.



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4. **Inspiration and Motivation:** Women around the world are inspired to pursue their dreams and assert their rights, fostering a sense of empowerment and resilience.
5. **Stronger Global Networks:** Increased collaboration and support for women's rights groups, activists, and organizations working to create change.

Overall, International Women's Day serves as a reminder of both the progress made and the work still required to achieve full gender equality globally.

CELEBRATING WOMEN'S DAY AT VAAGDEVI PHARMACY COLLEGE (2024)

Celebrating Women's Day at Vaagdevi Pharmacy College offers an opportunity to honor women in the field of pharmacy, promote gender equality, and create a supportive and inclusive environment for all students, staff, and faculty. Here's an outline of the **purpose, key principles, and expected outcomes** of celebrating Women's Day at the college:


Purpose of Women's Day at Vaagdevi Pharmacy College:

1. **Celebrate Women's Achievements in Pharmacy:** Acknowledge the significant contributions of female students, faculty, and professionals in the pharmacy field, including their academic, research, and clinical achievements.
2. **Promote Gender Equality:** Raise awareness about the gender disparities that still exist in the pharmacy profession, including unequal pay, underrepresentation in leadership roles, and gender-based discrimination, and encourage a move towards equality.
3. **Empower Female Students and Staff:** Inspire and encourage female students and staff to pursue their career goals with confidence, engage in leadership roles, and actively contribute to the future of pharmacy and healthcare.
4. **Create an Inclusive College Environment:** Foster an inclusive atmosphere where all genders are respected, valued, and given equal opportunities to succeed in academics, research, and the professional workforce.
5. **Provide a Platform for Advocacy and Dialogue:** Enable discussions on critical gender-related issues, including work-life balance, healthcare access, leadership opportunities, and gender equity in the profession of pharmacy.

Key Principles for Women's Day at Vaagdevi Pharmacy College:

1. **Equality in Opportunities:** Ensure that male and female students have the same opportunities for academic success, internships, career guidance, and professional development.
2. **Empowerment and Leadership:** Promote leadership qualities and self-confidence among women by encouraging them to take active roles in student organizations, research, and community outreach programs.




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3. **Awareness and Education:** Raise awareness about the challenges women face in pharmacy, such as gender bias, stereotypes, and workplace discrimination, while also celebrating their contributions to the profession.
4. **Collaboration and Solidarity:** Build a supportive network where both male and female students work together towards the shared goal of gender equity in education and professional practice.
5. **Respect and Inclusivity:** Cultivate an environment of respect, where all genders are treated with fairness and dignity, and where diversity in thought, background, and experience is embraced.

Expected Outcomes of Women's Day at Vaagdevi Pharmacy College:

1. **Increased Gender Awareness:** Faculty, students, and staff will gain a deeper understanding of the gender disparities that exist in the pharmacy profession and the importance of creating equal opportunities for all.
2. **Empowered Female Students and Faculty:** Women in the college community will feel more empowered to pursue leadership roles, engage in academic and professional activities, and confidently work towards achieving their career goals.
3. **Better Representation of Women in Leadership:** Women students will be motivated to take on leadership roles within the college's student body, research projects, and extracurricular activities, contributing to a more balanced representation of women in academia and industry.
4. **Enhanced Campus Culture:** Women's Day will contribute to a campus culture that values respect, inclusion, and collaboration across all genders, breaking down stereotypes and encouraging mutual support among students and staff.
5. **Stronger Advocacy for Gender Equality:** The event could inspire ongoing discussions, workshops, or initiatives aimed at addressing gender inequality in the college and in the pharmacy profession, such as mentorship programs, career development workshops, or policy advocacy.

By celebrating Women's Day at Vaagdevi Pharmacy College, the institution can enhance awareness of gender equality, support the empowerment of women in pharmacy, and help create a more inclusive, respectful, and progressive academic environment.



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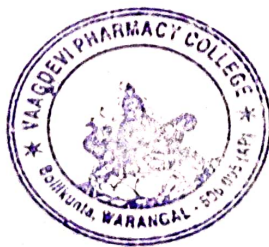
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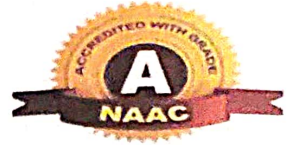
International Women's Day Celebrations



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SAKHI IN TELANGANA (2023-24)

Sakhi in Telangana refers to a program aimed at empowering women, promoting their well-being, and enhancing their social and economic status. The term "Sakhi" means a friend or companion in the local context, symbolizing support, solidarity, and cooperation among women. The **Sakhi program** is an initiative that typically focuses on providing a platform for women to come together, learn, grow, and work towards improving their lives and communities. It is often associated with women's self-help groups, health and wellness initiatives, and financial inclusion programs.

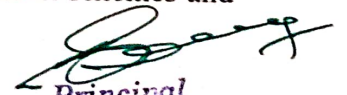
Purpose of the Sakhi Program:

1. **Women's Empowerment:** The main purpose of the Sakhi program is to empower women by providing them with the tools and resources to enhance their social, economic, and political participation. This program enables women to become more independent, confident, and self-reliant.
2. **Economic Independence:** Sakhi focuses on fostering financial inclusion by helping women access microfinance, savings groups, and entrepreneurship opportunities. By facilitating access to credit and financial literacy, the program helps women start small businesses, save money, and improve their economic stability.
3. **Social Welfare and Support:** The program aims to improve women's health, safety, and general well-being. Sakhi provides support in areas like health education, legal rights, awareness about gender issues, and social security schemes. It creates a strong sense of community and solidarity, where women support each other in times of need.
4. **Educational and Skill Development:** The Sakhi program offers various educational and training opportunities for women, ranging from basic literacy to vocational skills. This equips women with the skills necessary to contribute to the workforce and improve their own lives and those of their families.
5. **Community Building and Solidarity:** The program encourages women to work together, share resources, and support one another. It promotes collective action and community engagement, creating a network of women who can advocate for their rights and improve their collective living conditions.

Key Principles of the Sakhi Program:

1. **Collective Empowerment:** The core principle of the Sakhi program is collective empowerment. Women are encouraged to form self-help groups (SHGs) and work together towards common goals. These groups provide mutual support, promote decision-making, and ensure that every member is included and heard.
2. **Financial Literacy and Inclusion:** Sakhi emphasizes the importance of financial literacy for women. It provides training on managing finances, taking loans, repaying debts, and starting small businesses. It helps women access microcredit schemes and savings accounts, fostering financial independence.




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3. **Health and Well-being:** The program prioritizes women's health and wellness, offering awareness on maternal health, sanitation, nutrition, and family planning. It also works to raise awareness about women's rights to healthcare and promotes gender-sensitive health services.
4. **Leadership Development:** Sakhi promotes leadership skills among women. It encourages them to take on leadership roles within their communities, advocating for social change and women's rights. The program nurtures self-confidence, public speaking, and decision-making abilities.
5. **Gender Equality and Social Justice:** Sakhi advocates for gender equality by addressing issues like domestic violence, child marriage, discrimination, and access to education. It provides platforms for women to learn about their legal rights and how to exercise them.
6. **Networking and Advocacy:** Through Sakhi, women are encouraged to network with other women's groups and organizations to raise their collective voice. This enables advocacy for better policies, social reforms, and governmental support for women's issues.

Expected Outcomes of the Sakhi Program:

1. **Increased Financial Independence:** Women involved in the Sakhi program are expected to gain better control over their finances. By forming self-help groups and utilizing microfinance services, they can start small businesses, access loans, and improve their financial stability.
2. **Improved Health and Well-being:** The program is expected to lead to better health outcomes for women and their families. With increased awareness and access to healthcare services, women are more likely to seek timely medical care, adopt healthier lifestyles, and make informed decisions about family planning and nutrition.
3. **Empowered Women in Leadership Roles:** By encouraging women to take on leadership roles and participate in decision-making, the Sakhi program aims to create a generation of women who are empowered to lead in their families, communities, and local governments.
4. **Stronger Social Support Systems:** Through the formation of self-help groups and community networks, the program fosters a sense of solidarity and mutual aid among women. This creates strong social support systems, where women can share resources, provide emotional support, and collaborate on common goals.
5. **Promotion of Gender Equality:** The Sakhi program works towards breaking gender norms and reducing inequalities by promoting women's rights, safety, and equal opportunities in education, work, and society. This creates a more gender-sensitive environment in the community.



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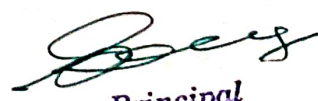


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6. **Community Development:** The program is expected to have a broader community impact, where women, through their empowerment, contribute to the social, economic, and cultural development of their communities. They become agents of change, improving their families' standard of living and advocating for community welfare.
7. **Sustainable Livelihoods:** The Sakhi program aims to help women achieve sustainable livelihoods by providing vocational training, entrepreneurship opportunities, and skills development. This enables women to create long-term sources of income and support their families.

In summary, the Sakhi program in Telangana focuses on empowering women through financial independence, health and wellness, education, and social solidarity. The program builds communities of women who support one another and advocate for their collective rights, aiming for a more equal and prosperous society. The expected outcomes include improved economic conditions, health, leadership, and social welfare for women and their communities.




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End Violence Against Women

సఖి కేంద్రము
 ONE STOP CENTRE

హింసకు గురైన మహిళలకు, బాలికలకు అవసరమైన సేవలన్నింటినీ సఖి కేంద్రం అందిస్తుంది.

జి.నెం. 6-21, కొయ్యపగల్, చాణాల రోడ్, వర్షంపల్లి
 ఫోన్: 08718 - 295014

Singaram, Telangana, India
 vaagdevi Pharmacy College VJR2+2PR, Singaram, Telangana
 506005, India
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 Long 79.601932°
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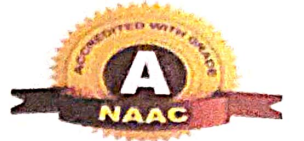
Awareness on Gender Equality



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నాకు పూర్తి అండ
181

గృహ హింస,
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181

- సలహా
- కాన్సెలింగ్
- రక్షణ

ఈ ఫోన్ చేయండి

తెలంగాణ ప్రభుత్వం
 మహిళా, శిశు, రివ్కారింగుల
 పరిషత్తుల శాఖ

సబ్ కేంద్రం, వరంగల్ రూరల్,
 జ. నెం. 6-21, సాయి నగర్, పాతాల్ రోడ్, నర్సంపేట
 ఫోన్: 08718 - 295014 ఈ - మెయిల్
 saikhwarangalrural@gmail.com

GPS Map Camera

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Awareness on Gender Equality



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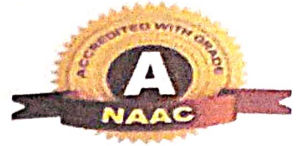
Awareness on Women Rights



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Awareness on Women Rights

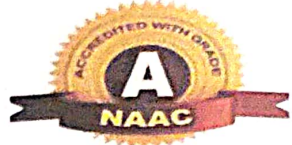


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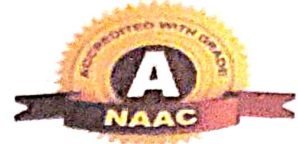
Awareness on Women Rights



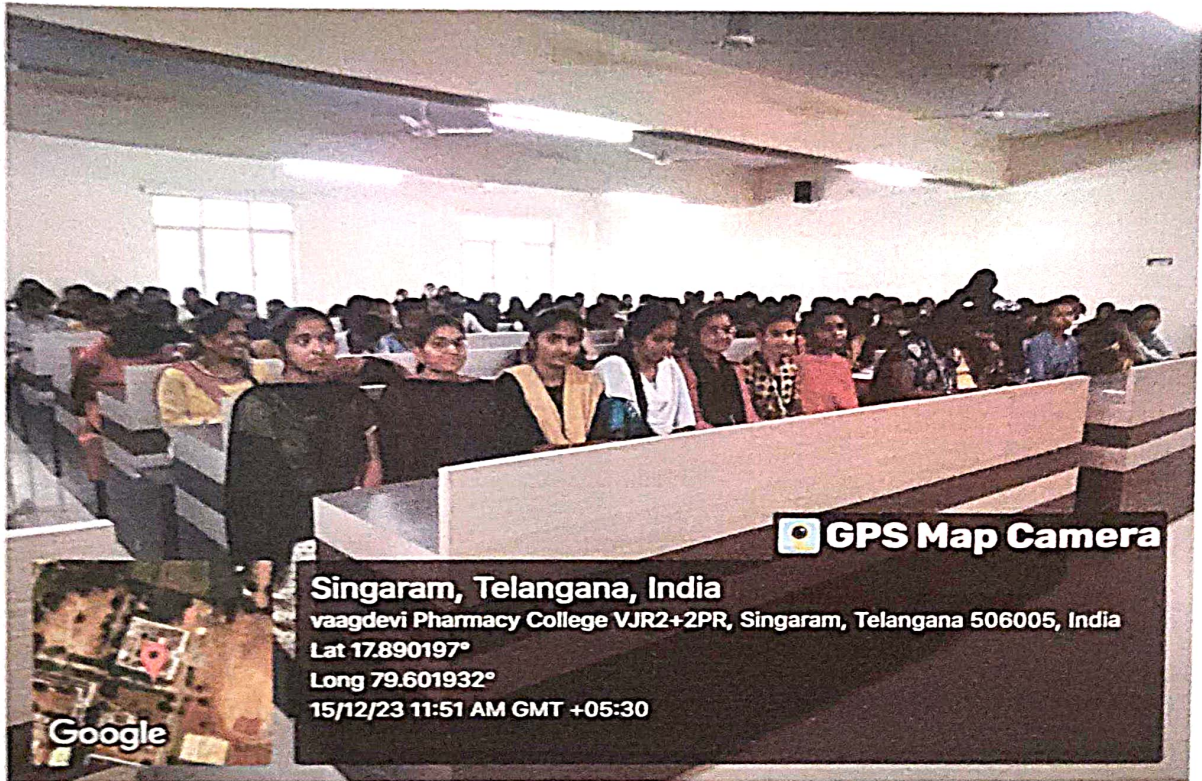
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 Principal
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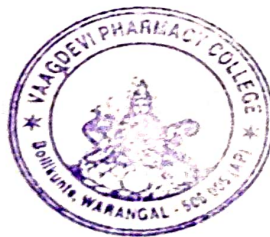
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SHE TEAMS – TELANGANA (2023-24)

Women's Safety and Empowerment (SHE Teams)

- **Purpose:** The Telangana Police Department's SHE Teams program focuses on ensuring women's safety and addressing gender-based violence.
- **Key Features:**
 - Specially trained police teams are deployed to handle complaints related to sexual harassment, eve-teasing, and other forms of gender violence.
 - Awareness and advocacy campaigns are also conducted.
- **Expected Outcome:** A safer environment for women, increased confidence in reporting gender-based violence, and improved police responsiveness to women's safety concerns.



Awareness on Women safety



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WOMEN PROTECTION CELL (WPC) (2023-24)

The Women Protection Cell (WPC) in Vaagdevi Pharmacy College, is an essential initiative designed to ensure the safety, well-being, and empowerment of female students and staff. It aims to create an environment where women can study, work, and live without fear of harassment or discrimination. Below are the **purpose, objectives, and outcomes** of such a cell:

Purpose of the Women Protection Cell

The primary purpose of a Women Protection Cell is to:

1. **Ensure Safety and Security:** To provide a safe and secure environment for female students, faculty, and staff, ensuring that they are free from any form of harassment or violence.
2. **Address Grievances:** To create a space where women can raise complaints about any form of sexual harassment, bullying, or discrimination in a confidential and supportive manner.
3. **Promote Gender Equality:** To foster a gender-sensitive campus environment where women's rights are respected and promoted.
4. **Awareness and Prevention:** To educate the college community about the importance of gender equality, the laws related to sexual harassment, and how to create a respectful and non-discriminatory atmosphere.

Objectives of the Women Protection Cell

The objectives of a Women Protection Cell generally include:

1. **Prevent and Address Sexual Harassment:** To prevent and address any form of sexual harassment, be it physical, verbal, or psychological, through policies, workshops, and support mechanisms.
2. **Provide Support and Counseling:** To offer counseling services for victims of harassment, abuse, or discrimination, helping them recover and rebuild their confidence.
3. **Facilitate Legal Action:** To guide and assist victims of harassment or abuse in taking legal action, including helping them file complaints, if necessary, and understanding their rights.
4. **Promote Awareness Programs:** To organize workshops, seminars, and other events to raise awareness about women's rights, gender equality, and the importance of respecting boundaries.

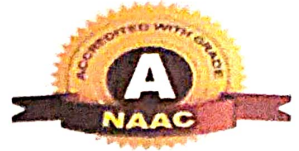



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5. **Create a Safe Reporting Mechanism:** To establish confidential and accessible methods for women to report incidents of harassment or violence without fear of retaliation or stigmatization.

Expected Outcomes of the Women Protection Cell

The key outcomes expected from an active and effective Women Protection Cell are:

1. **Increased Safety and Security:** A noticeable reduction in incidents of harassment and discrimination on campus, contributing to a safer environment for all.
2. **Empowered Women:** Empowered female students and staff who are more aware of their rights and have the support needed to speak up against any form of mistreatment.
3. **Improved Gender Sensitivity:** A campus that becomes more sensitive to gender issues, where both male and female students work together to build an inclusive, respectful environment.
4. **Timely Redressal of Issues:** Quicker and more effective resolution of complaints and grievances, ensuring that the process is transparent and fair.
5. **Enhanced Trust in Institutional Policies:** Students and staff will develop trust in the institution's ability to address their grievances with integrity, encouraging more people to report issues when needed.

Overall, a Women Protection Cell plays a pivotal role in fostering a campus culture where women feel supported, respected, and empowered to reach their full potential



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No. VPC/ JNTUH/ 2023/

Date: 05-08-2023

ORDER

The following are appointed for "Women Protection Cell & Women Welfare Association" and they are directed to follow the precautionary measures for Prevention, Prohibition and Redressal of safety and security of girls and women in the College.

Members of Women Protection Cell

Sl. No	Name	Designation	Contact No.
1.	Prof. G. Kamal Yadav Professor & Principal	Chairman	7799096969
2.	Dr. Farniza Begum Asso. Professor	Member	8801202916
3.	Mrs. K. Swamalatha Asst. Professor	Member	9701045140
4.	Mrs. K. Supraja Asst. Professor	Member	7981368018
5.	Mrs. P. Anitha Asst. Professor	Member	9676686422

Members of Women Welfare Association


Sl. No	Name	Designation	Contact No.
1.	Dr. Farniza Begum Assoc. Professor	President	8801202916
2.	Mrs. Ch. Tejaswi Asst. Professor	Member	9100387833
3.	Mrs. K. Supraja Asst. Professor	Member	7981368018
4.	Mrs. Sara Fathima Asst. Professor	Member	9704596263
5.	Mrs. M. Swetha Asst. Professor	Member	8801215650


PRINCIPAL

- C.C.: 1) All the Head of the Departments - (with a request to circulate among the staff & Students.
2) All the Members of the Committee.
3) All Notice Boards.

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SELF-DEFENSE CLASSES (2023-24)

Self-defense classes on a college campus are designed to equip students, especially women, with the skills and knowledge to protect themselves in potentially dangerous situations. These classes not only focus on physical techniques but also help students build confidence, awareness, and the mental strength required to defend themselves. Here's an overview of the objectives and outcomes of self-defence classes in a campus setting:

Objectives of Self-Defense Classes

1. **Empowerment through Skills:**

- Teach students physical self-defense techniques such as basic strikes, escapes, and body positioning to protect themselves in case of an attack.

2. **Awareness and Prevention:**

- Raise awareness about personal safety and teach students how to recognize potentially dangerous situations before they escalate.
- Focus on strategies for avoiding physical confrontations, such as how to de-escalate conflicts and make smart decisions in risky situations.

3. **Building Confidence:**

- Increase self-confidence by providing students with the ability to physically defend themselves, which can help reduce fear or anxiety in everyday life.

4. **Mental Preparedness:**

- Focus on building mental resilience and the ability to stay calm and focused during an emergency situation. This includes understanding when to fight back, when to escape, and how to assess a threat.

5. **Promoting Gender Equality and Safety:**

- Encourage women to take control of their safety and assert their right to feel secure in all environments, especially in the context of campus life.

6. **Creating a Safe Campus Environment:**

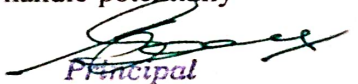
- Contribute to a safer campus atmosphere where students, particularly women, feel that they have the tools and knowledge to defend themselves and prevent harm.

Outcomes of Self-Defense Classes

1. **Increased Confidence:**

- Students, especially women, develop a stronger sense of self-confidence, feeling more in control of their physical safety and able to handle potentially threatening situations with composure.




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2. Improved Physical Fitness:

- Regular self-defense training can help improve overall fitness levels, including strength, coordination, and flexibility, as many self-defense techniques require physical endurance.

3. Reduction in Fear of Harm:

- Participants experience a decrease in the fear of assault or harassment, as they now know how to respond effectively if confronted with danger.

4. Enhanced Problem-Solving and Quick Decision-Making Skills:

- Students learn to think quickly and make strategic decisions under pressure, which can be applied not only in self-defense situations but in everyday life as well.

5. Increased Awareness of Personal Safety:

- Students develop a heightened awareness of their surroundings and are more vigilant about avoiding risky situations. They also learn to trust their instincts when it comes to assessing potential threats.

6. Campus-Wide Cultural Shift:

- The establishment of self-defense classes can help foster a culture of respect, where both men and women understand the importance of personal safety and the empowerment that comes from learning to defend oneself.

7. Promote a Safer Campus:

- With more students equipped with the knowledge and skills to protect themselves, the overall safety on campus improves, which can lead to a reduction in incidents of harassment or violence.

Conclusion:

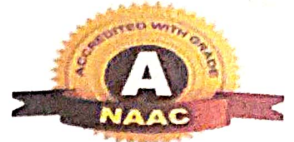
Self-defense classes on campus provide students not only with practical physical skills but also with a sense of empowerment and security. These classes are an essential part of promoting gender equality and creating a safer, more supportive campus environment where students feel capable of handling dangerous situations should they arise.



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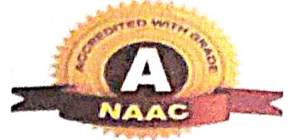
Self-defence class



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WOMEN'S SPORTS TEAMS IN INSTITUTION (Vaagdevi Pharmacy College)


(2023-24)

Women's sports teams in educational institutions play a crucial role in promoting gender equality, physical fitness, and overall well-being among female students. These teams serve as an important platform for empowering women, breaking stereotypes, and encouraging active participation in sports. Here's an overview of the **purpose, principles, and expected outcomes** of women's sports teams in institutions:

Purpose of Women's Sports Teams in Institutions

- 1. Promoting Gender Equality:**
 - Encourage female students to participate in sports on an equal footing with their male counterparts, promoting a culture of inclusion and fairness.
- 2. Fostering Physical Health and Fitness:**
 - Provide women with opportunities to stay physically active, improve fitness, and engage in regular physical exercise, which is important for overall health and well-being.
- 3. Empowerment through Sports:**
 - Empower female students by helping them build self-confidence, leadership skills, teamwork, and resilience. Sports offer women a space to excel, develop discipline, and overcome challenges.
- 4. Encouraging Leadership and Teamwork:**
 - Through participation in sports teams, female students learn valuable skills such as leadership, communication, problem-solving, and collaboration, which are beneficial both on and off the field.
- 5. Building a Sense of Community:**
 - Women's sports teams help foster a strong sense of community and solidarity among female students. They create a space for mutual support, friendship, and shared goals.
- 6. Breaking Stereotypes:**
 - Women's sports teams challenge societal stereotypes that associate physical strength and athleticism primarily with men. They create a platform for women to demonstrate their skills, talent, and abilities in sports.




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7. Encouraging Academic and Social Balance:

- Sports provide a balanced lifestyle for female students, complementing their academic and extracurricular activities. Engaging in sports can also help reduce stress and improve mental health.

Principles of Women's Sports Teams in Institutions

1. Equality and Inclusivity:

- Women's sports teams should be inclusive and provide equal opportunities for all female students, regardless of their backgrounds, skills, or experience levels. Everyone should feel welcome to join and participate.

2. Fairness and Respect:

- Teams should operate on principles of fairness, respect, and sportsmanship. This includes fair treatment during practices, competitions, and in interactions between teammates, coaches, and competitors.

3. Health and Well-Being:

- The focus should always be on the physical, mental, and emotional health of the athletes. Coaches and administrators should prioritize safety, injury prevention, and balanced training schedules to ensure the well-being of all participants.

4. Encouraging Participation Over Winning:

- While competition is important, the emphasis should be on fostering participation and personal growth, rather than only focusing on winning. All athletes should be encouraged to improve their skills, enjoy the process, and work as a team.


5. Commitment to Excellence:

- Encourage dedication and discipline in training and competitions. Women's sports teams should aim for continuous improvement and striving for excellence, while also recognizing and celebrating personal and team achievements.

6. Holistic Development:

- The teams should focus not just on physical performance, but also on the overall development of female students as leaders, athletes, and individuals. This includes promoting emotional intelligence, confidence, and resilience.




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Expected Outcomes of Women's Sports Teams in Institutions

1. Increased Female Participation in Sports:

- One of the primary outcomes is an increase in the number of female students participating in sports, both at recreational and competitive levels.

2. Enhanced Physical Fitness:

- Female students involved in sports will experience improved physical health, including better cardiovascular health, strength, flexibility, and coordination.

3. Improved Mental Health and Well-Being:

- Regular participation in sports leads to reduced stress, anxiety, and depression. Physical activity is known to release endorphins, which boost mood and improve overall mental health.

4. Leadership and Teamwork Development:

- Female athletes will develop essential life skills such as leadership, communication, and teamwork. These skills are transferable to academics, careers, and other areas of life.

5. Increased Self-Confidence:

- Success and progress in sports help female students build self-confidence. Overcoming challenges in training or competition fosters a sense of achievement and personal growth.

6. Breaking Gender Stereotypes:

- Women's sports teams help challenge and break traditional gender norms that discourage women from pursuing athletics. These teams empower women to excel in areas traditionally dominated by men.


7. Academic and Social Balance:

- Students who participate in sports are often better at managing time and balancing their academic and extracurricular activities. The discipline learned through sports can help enhance academic performance and improve overall time management.

8. Fostering a Supportive Campus Culture:

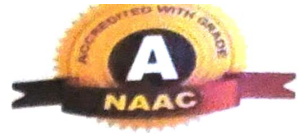
- Women's sports teams contribute to the development of a more inclusive, supportive, and cohesive campus culture, where female students are encouraged and celebrated for their achievements in sports and beyond.




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Conclusion:

Women's sports teams in educational institutions serve as an invaluable platform for promoting gender equality, empowering female students, and fostering a culture of physical and mental well-being. By participating in sports, women not only improve their fitness but also build life skills, confidence, and a sense of community. These teams help break down barriers and stereotypes, contributing to a more inclusive and supportive campus environment



Kabaddi match



Pharma Ustav: Sports and Games competitions



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WOMEN'S CAREER DEVELOPMENT AND MENTORSHIP PROGRAMS (2023-24)

Women's Career Development and Mentorship Programs in institutions like Vaagdevi Pharmacy College aim to support and guide female students in their professional growth and career paths. These programs focus on equipping women with the tools, networks, and guidance necessary to succeed in their chosen careers, particularly in fields like pharmacy, science, and healthcare. Below is an outline of the **purpose, key principles, and expected outcomes** of such programs:

Purpose of Women's Career Development and Mentorship Programs

1. Empowerment and Career Guidance:

- To empower female students with the knowledge, confidence, and resources to make informed career choices and to navigate the professional world effectively.

2. Networking and Professional Connections:

- To provide a platform for female students to connect with industry professionals, mentors, and alumni who can guide them, offer career advice, and open doors to internships and job opportunities.

3. Skill Development:

- To enhance key professional skills such as communication, leadership, problem-solving, and critical thinking that are essential for success in the workplace.

4. Breaking Gender Barriers in Careers:

- To support female students in overcoming the gender-specific challenges they may face in male-dominated fields, particularly in science and healthcare-related professions like pharmacy.


5. Encouraging Leadership and Ambition:

- To inspire female students to pursue leadership roles, make ambitious career goals, and become role models for the next generation of women professionals.

6. Providing Personal and Professional Growth:

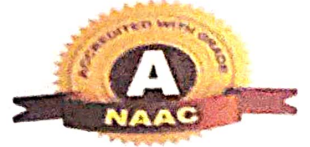
- To promote a balanced development approach where students grow not just academically, but also socially, emotionally, and professionally.




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Key Principles of Women's Career Development and Mentorship Programs

1. Inclusivity and Equal Opportunity:

- Ensure that all female students, regardless of their background, are provided with equal access to mentorship and career development resources. The program should be inclusive and cater to the diverse needs of the students.

2. Confidentiality and Trust:

- Mentorship should be built on a foundation of trust. All advice and discussions between mentors and mentees should be confidential, allowing for open, honest, and constructive conversations.

3. Holistic Development:

- Focus on developing both soft and hard skills that are necessary for professional success. This includes not just technical knowledge in the pharmacy field but also personal attributes such as confidence, emotional intelligence, and resilience.

4. Active Participation:

- Both mentors and mentees should be actively engaged in the program. Mentees should take initiative in seeking guidance, setting goals, and tracking their progress, while mentors should be proactive in offering insights and feedback.

5. Collaborative Learning:

- Foster a collaborative learning environment where mentors and mentees can share experiences, challenges, and solutions. This creates a mutually beneficial relationship that helps both parties grow professionally.

6. Real-World Exposure:

- Offer practical exposure through workshops, seminars, internships, and career fairs that help female students gain insights into industry trends, demands, and best practices.

7. Goal-Oriented Approach:

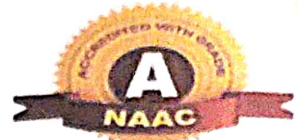
- Focus on setting clear career goals for the mentees and create a structured plan for achieving them, incorporating regular follow-ups and assessments of progress.



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Expected Outcomes of Women's Career Development and Mentorship Programs

1. Increased Career Awareness and Readiness:

- Female students will gain a clearer understanding of the career opportunities available in their field and the skills required to succeed. This will better prepare them for professional challenges after graduation.

2. Enhanced Skill Set:

- Through mentorship and career development activities, students will acquire both technical (e.g., pharmacy-specific knowledge) and soft skills (e.g., leadership, communication, time management), making them well-rounded professionals.

3. Stronger Professional Networks:

- Students will develop meaningful professional connections with mentors, industry experts, and peers, which will help them navigate their career paths and open doors for internships and job opportunities.

4. Improved Confidence and Self-Efficacy:

- Mentorship programs will enhance the confidence of female students, helping them believe in their ability to overcome challenges, pursue their career goals, and break through any gender-related barriers they might face in the workplace.

5. Empowered Women Leaders:

- The program will inspire more women to take on leadership roles within their industries. Female students who participate in mentorship programs are more likely to seek leadership opportunities, influencing positive change in their careers and communities.

6. Increased Employability:

- Through career guidance and skill development, students will be better prepared for the job market. They will also gain practical experience through internships or job shadowing, which can significantly enhance their employability.



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7. Long-Term Career Success:

- The mentorship programs will set students up for long-term success by teaching them how to manage their careers strategically, pursue continuous professional development, and adapt to changes in the industry.


8. Encouragement of Entrepreneurial Mindset:

- Some mentorship programs may encourage an entrepreneurial mindset, motivating students to explore opportunities in setting up their own businesses, especially in the pharmaceutical and healthcare sectors.

Conclusion

The Women's Career Development and Mentorship Programs at Vaagdevi Pharmacy College (or similar institutions) are designed to provide female students with the necessary guidance, resources, and networks to succeed in their careers. By focusing on empowerment, skill development, and professional networking, these programs aim to equip women with the tools needed to navigate the challenges of the professional world, break through gender barriers, and ultimately lead successful, fulfilling careers in pharmacy and related fields.




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WOMEN MENTORSHIP PROGRAMS (as addressed previously)

The earlier response covers the purpose, key principles, and expected outcomes of women mentorship programs, which focus on empowering women in academic and professional settings. These programs guide women to develop leadership skills, advance their careers, and build confidence through support and networking opportunities.

Women Mentorship Program event where Dr. Himabindu and her student Ms. Ramya Raghuvardhan Reddy presented their innovative products at a Product Expo.

These products include:

Anti-Dandruff Spray and Anti-Diabetic Wound Healing Hydrogel:

The event took place at the Vaagdevi Pharmacy College campus and featured a presentation before Dr. Ramjee Pallela, a scientist and AIC (Atal Incubation Centre) at CCMB (Centre for Cellular and Molecular Biology).

This event likely emphasized the role of mentorship in nurturing young innovators and entrepreneurs. Dr. Himabindu's guidance in developing these health-focused products shows the significance of combining academic knowledge with practical, marketable solutions. The Anti-Dandruff Spray and Anti-Diabetic Wound Healing Hydrogel could be breakthrough products in their respective fields—addressing common issues like dandruff and diabetic wounds with novel solutions.



Mentorship Program



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Dr. Farmiza Begum, along with her student Ms. Niharika Sirikonda, presented their innovative product, EzeQuell – A Pain Relief Polyherbal Cream. This was showcased at a Product Expo in the Vaagdevi Pharmacy College campus. The event included an important presentation before Dr. Ramjee Pallela, a scientist and AIC (Atal Incubation Centre) at CCMB (Centre for Cellular and Molecular Biology).

This event likely highlights the progress of the mentorship program where Dr. Begum guided her student to innovate and bring to market a new health-related product. The involvement of a scientist like Dr. Ramjee Pallela suggests that the product might have scientific backing or potential for further development in the healthcare or pharmaceutical fields. The product, EzeQuell, seems to be positioned as a pain relief solution, utilizing polyherbal ingredients, which could be of interest in natural medicine or alternative therapies.



Mentorship Program



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1. SOLID WASTE MANAGEMENT:

Vaagdevi Pharmacy College, Bollikunta, Warangal, is committed to maintaining a clean and healthy campus through effective waste management practices. The college promotes the concept of the three Rs – “REDUCE, REUSE, and RECYCLE” – with the goal of minimizing waste generation and ensuring proper disposal. The following methods are adopted for solid waste management:

Segregation of Waste:

Separate dustbins are strategically placed across the campus for biodegradable and non-biodegradable wastes.

The dustbins are clearly labelled with instructions to ensure that waste is correctly sorted, encouraging proper disposal habits among students and staff.

Decomposition of Larger Quantities of Biodegradable Waste:

Larger quantities of biodegradable waste are disposed of by dumping it into designated pits on the campus, where it naturally degrades over time.

Biological Waste Disposal:

Waste from the microbiology and pharmacology departments, which includes microorganisms and animal remains, is properly treated and disposed of according to established protocols, including the use of incinerators to ensure safe disposal.

Encouragement of Eco-friendly Practices:


To minimize the use of plastic, the college provides students with reusable bags featuring the college logo, discouraging the use of disposable plastic bags on campus.

Littering Prohibited:

Strict measures are in place to prevent littering on campus. All students and staff are encouraged to maintain cleanliness by disposing of waste responsibly.

By following these methods, Vaagdevi Pharmacy College ensures that waste is minimized, properly segregated, and treated in an environmentally responsible manner, contributing to a sustainable and hygienic campus.



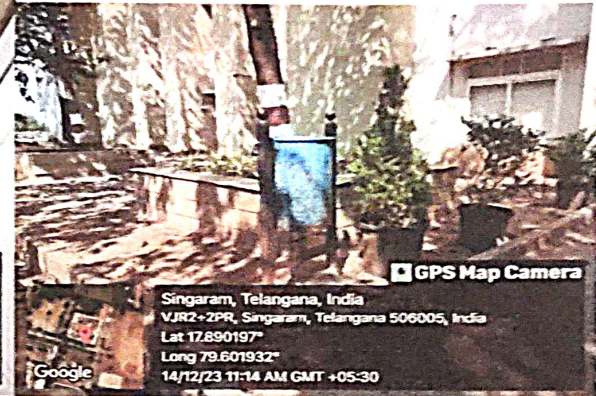
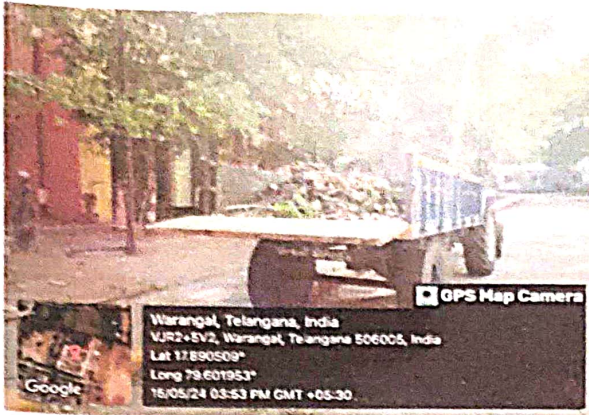

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2. LIQUID WASTE MANAGEMENT:

Vaagdevi Pharmacy College, Bollikunta, Warangal, has implemented a comprehensive liquid waste management system that prioritizes safety, sustainability, and environmental protection. Below are the key methods used for managing liquid waste:

1. Avoidance of Hazardous Chemicals:

- The use of hazardous liquid chemicals that produce dangerous fumes is avoided in the laboratory settings to minimize the risks associated with liquid waste disposal and to ensure the safety of both students and staff.

2. Waste Liquid Disposal System:

- The waste liquids generated on campus, including those from laboratories and washbasins, are directed through a well-constructed drainage system. This system leads to closed collection tanks, ensuring that any wastewater is contained and managed properly.

3. Regular Cleaning and Maintenance:

- The drainage system and collection tanks are regularly cleaned to maintain their efficiency and prevent any blockages or contamination. This ensures the long-term effectiveness of the liquid waste management system.

Through these methods, Vaagdevi Pharmacy College effectively manages liquid waste, reducing the environmental impact and contributing to the overall sustainability of the campus.



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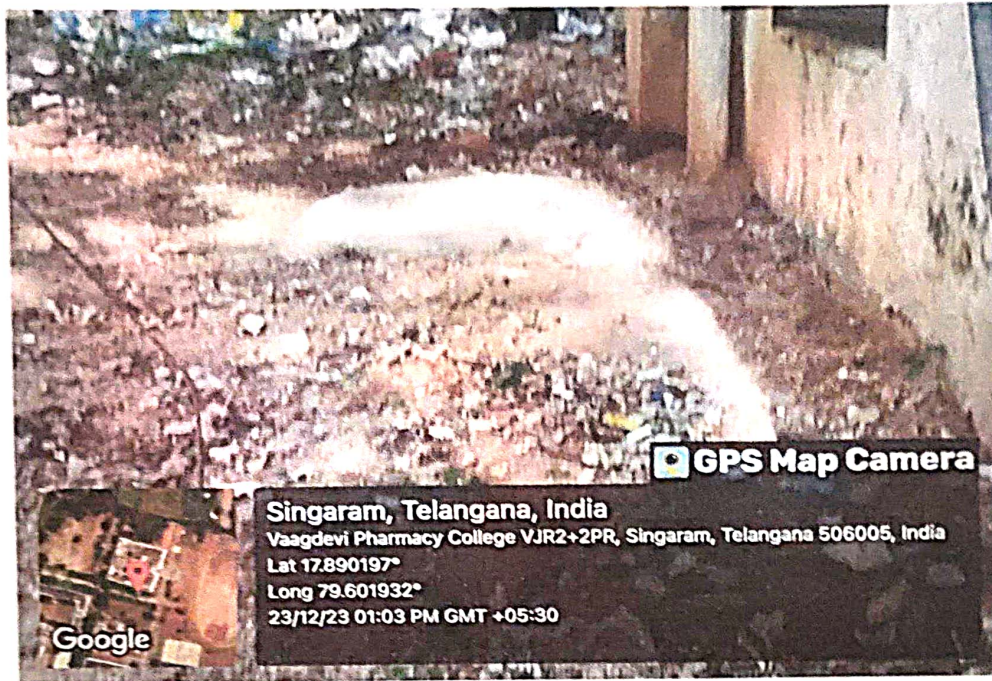
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3. BIOMEDICAL WASTE MANAGEMENT:

Vaagdevi Pharmacy College recognizes the importance of proper biomedical waste management in maintaining a clean and healthy environment on campus. The college adheres to strict guidelines and protocols to ensure the safe and responsible handling, segregation, treatment, and disposal of biomedical waste, particularly generated from animal studies and laboratory research. Below are the key practices followed by the institution for biomedical waste management:

1. Segregation of Biomedical Waste:

- All biomedical waste generated on campus, especially from animal studies and laboratory research, is carefully segregated at the point of generation. The waste is categorized into different types, such as infectious waste, sharps, pharmaceutical waste, and chemical waste, to ensure proper disposal methods for each type.
- Color-coded bins are used for different categories of biomedical waste as per standard guidelines. This practice helps in preventing cross-contamination and ensures that each type of waste is handled appropriately.

2. Infection Control and Safe Disposal:

- Biomedical waste that could pose a risk of infection, including animal remains and contaminated materials, is burned using controlled incineration to ensure that harmful pathogens are destroyed in a safe manner.
- Incineration is done in a dedicated incinerator designed to handle biomedical waste, ensuring complete destruction of hazardous materials without posing a risk to the environment or public health.


3. Handling and Storage of Waste:

- Biomedical waste is stored temporarily in a secure and isolated area on the campus until it is collected and transported for disposal. This area is clearly marked and equipped with the necessary facilities to prevent leaks, spills, or exposure to the public.
- All waste is kept in properly labeled containers, which are designed to contain any liquids, chemicals, or biological materials that could pose a danger to the environment or staff members handling the waste.

4. Use of Safe and Approved Disposal Methods:

- For medical waste that cannot be incinerated (such as sharps, syringes, and vials), the college uses autoclaving (sterilization by steam) or other approved methods to neutralize hazardous agents before disposal.




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- All waste is disposed of in accordance with national and local environmental and health regulations, ensuring compliance with biomedical waste management standards.
5. Disposal of Non-Biomedical Contaminated Items:
- Items like pharmaceutical waste (expired drugs, bottles, etc.) and chemical waste are carefully neutralized or treated before disposal, following the appropriate protocols for each type of waste to prevent environmental contamination.
6. Training and Awareness:
- The college provides training and awareness programs for staff and students who may come into contact with biomedical waste. These programs educate individuals on the importance of proper waste handling, segregation, and the risks associated with mishandling biomedical waste.
7. Compliance and Monitoring:
- Regular inspections are carried out to ensure that all biomedical waste is being managed in compliance with national biomedical waste management rules (such as the Bio-Medical Waste Management Rules, 2016).
 - Any incidents or non-compliance issues are promptly addressed, and corrective actions are taken to improve processes and safety measures.
8. Collaboration with Authorized Waste Collectors:
- The college has partnered with authorized biomedical waste management service providers for the transportation, treatment, and disposal of biomedical waste.
 - These service providers are licensed and comply with all regulatory standards for the safe disposal of biomedical waste.

Conclusion:

Vaagdevi Pharmacy College is committed to ensuring that biomedical waste is handled with the utmost care and responsibility. By adhering to strict segregation, treatment, and disposal practices, and working with certified waste disposal partners, the college contributes to a safe and sustainable environment for research and education




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Viswambhara Educational Society
VAAGDEVI PHARMACY COLLEGE
AUTONOMOUS



Accredited by NAAC WITH 'A' Grade, Certified by ISO 21001 : 2018
Approved by PCI-New Delhi & Affiliated to JNTU, Hyderabad
KHAMMAM ROAD, BOLLIKUNTA, KHILA WARANGAL (MANDAL), WARANGAL – 506005, TELANGANA STATE

4. E-WASTE MANAGEMENT:

Vaagdevi Pharmacy College is committed to responsible e-waste management to ensure the safe disposal and recycling of electronic waste generated on campus. Given the increasing reliance on electronic devices such as computers, printers, and other IT equipment, the college has put in place structured systems to handle e-waste in an environmentally friendly manner.

Here are the key practices for managing e-waste at Vaagdevi Pharmacy College:

1. E-Waste Collection and Segregation:

- The college has designated collection points across the campus for the segregation and safe collection of e-waste such as old computers, printers, batteries, mobile phones, cables, and other electronic devices.
- These items are clearly marked and separated from other types of waste to prevent harmful contamination.

2. Tie-up with Authorized E-Waste Recycling Vendors:

- To ensure proper recycling and disposal of electronic waste, the college has established a partnership with certified e-waste recycling companies. These vendors follow industry standards to dismantle and recycle e-waste in an environmentally safe manner.
- The recycling process includes the extraction of reusable materials such as metals, plastics, and glass, which reduces the need for virgin materials and helps conserve resources.

3. Data Destruction and Privacy Protection:

- For electronic devices that contain sensitive data, such as computers and hard drives, the college ensures that data destruction protocols are followed before disposal. This includes the use of software or physical methods to wipe or destroy data, ensuring privacy and confidentiality.

4. Awareness and Education:

- The college actively educates students and staff about the environmental hazards of improper e-waste disposal and the importance of responsible e-waste management. Awareness campaigns and workshops are conducted to encourage proper disposal practices and the responsible use of electronics.

5. Periodic Monitoring:

- Regular monitoring are conducted to assess the volume of e-waste generated and ensure compliance with proper disposal and recycling protocols. This also helps in identifying opportunities for reducing electronic waste generation on campus.



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6. Reusing and Refurbishing:

- Whenever possible, the college aims to reuse functional electronic devices and refurbish old equipment for continued use, thereby extending the life cycle of electronic items and minimizing waste.

Through these efforts, Vaagdevi Pharmacy College ensures that its e-waste is managed in a way that minimizes environmental impact, promotes recycling, and supports sustainability on campus.



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5. HAZARDOUS CHEMICALS AND RADIOACTIVE WASTE MANAGEMENT:

Vaagdevi Pharmacy College takes a comprehensive approach to the management of hazardous chemicals, biomedical waste, and potential radioactive materials, ensuring that all waste is handled safely, responsibly, and in accordance with environmental regulations. Below are the key methods employed for the management of such waste on campus:

1. Biomedical Waste Management (Animal Studies and Research):

- Biomedical waste, specifically generated from animal studies conducted for research purposes, is adequately segregated to avoid any risk of contamination or infection.
- After separation, the biomedical waste is burned using controlled incineration methods, ensuring that any pathogens are destroyed, preventing potential health hazards on campus.

2. Non-use of Harmful or Radioactive Substances:

- The campus does not employ harmful chemicals or radioactive substances in its operations or research. This policy helps minimize the risks associated with the handling, disposal, and potential contamination from such hazardous materials.

3. Chemical Waste Disposal in Laboratories:

- Chemicals used in laboratories are carefully neutralized before disposal to ensure they do not pose any threat to the environment or public health.
- The college follows proper chemical disposal protocols, ensuring that no toxic or hazardous chemicals are released into the campus's drainage system or surroundings.

4. Storage of Empty Chemical Containers:

- These containers are kept in a secure and controlled space until they are picked up by the authorized garbage collector for proper disposal or recycling. This practice ensures that these potentially harmful containers do not pose a risk to the campus environment.

5. Regular Monitoring and Compliance:

- The college adheres to local and national regulations concerning the disposal and management of hazardous materials. Regular audits and checks are carried out to ensure compliance with environmental and safety standards, and any waste management practices are periodically reviewed for improvements.

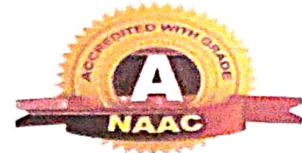
Through these effective and responsible waste management practices, Vaagdevi Pharmacy College ensures the safe disposal of hazardous chemicals and biomedical waste, while also contributing to a clean and safe environment for students, staff, and the surrounding community.




[Signature]
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 **GREATER WARANGAL MUNICIPAL CORPORATION**
పరంగల్ మహానగర పాలక సంస్థ

తేది: 10-06-2023,

గౌరవనీయులైన ప్రధాన ఉపాధ్యాయుల గారికి,
 వాగ్దేవి ఫార్మసీ కళాశాల,
 బొల్లికుంట,
 వరంగల్ -506 005.

SUB : చెత్త రీసైకింగ్ మరియు సేకరణ

మా గ్రామ ప్రజలకు మరియు మీ సూచనల మధ్య ఉన్న సంబంధం చాలా ప్రశంసనీయం. మేము మా బంధాన్ని ఎప్పటికీ ఒకే లైఫ్ లైన్ కౌన్సిలింగ్ గా ఉంచుకుంటాము. మా గ్రామంలో విద్యా కార్యక్రమాలు, వైద్య శిబిరం మరియు NSS కార్యకలాపాలను నిర్వహించడంలో సహకరించినందుకు విద్యార్థులు మరియు సిబ్బందికి మేము కృతజ్ఞులమై చెప్పాలి.

మీ తేలి 08-06-2023 కి ప్రతిస్పందనగా, చెత్తను సేకరించి రీసైకింగ్ ప్లాంట్లకు పంపడానికి మీ సూచనల మేరకు మేము అచ్చితంగా వాహనాన్ని క్రమం తప్పకుండా పంపుతాము.

ధన్యవాదములు.




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